



anousha

Anousha Tea

*From Nature to
Your Cup with Love*

anoushatea.com

PACKAGING AVAILABLES

Wooden Box, Fabric Bag, or Paper Package





All Anousha Tea ingredients are finest, individually sourced, and checked for the highest quality.

Herbal Infusions: No caffeine

Green, Black and White Tea Blends: Caffeinated



www.anoushatea.com

info@anoushatea.com

00995 557 811 100

Anousha Tea

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Relaxation Tea

A Cup of Peace and Well-Being

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No caffeine

Relaxation Tea will help you fall asleep quicker, stay asleep longer, and maybe even give you sweet dreams. It can also help reduce fever, soothe a cough, and reduce symptoms from a cold. Make it extra special by adding lemon and honey.

INGREDIENTS

Thyme, Lemon Verbena, Bitter Orange Blossom, Borage, Rose Petals, Stachys Lavandulifolia



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Wellness Tea

A Cup of Wellness

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No caffeine

Wellness Tea is an herbal blend that will boost your immune system. It can also help prevent colds, reduce fever, soothe a cough, and reduce symptoms from a cold. Make it extra special by adding fresh ginger or cinnamon and honey.

INGREDIENTS

Thyme, Lemon Balm, Lemon Verbena



Bliss Tea

A Cup of Bliss

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No caffeine

Bliss Tea is great anytime of the year. In summertime, it can help keep you hydrated after a sweaty workout; in wintertime, it can help relieve cold and flu symptoms. If you're feeling, restless or having trouble falling asleep, it can help alleviate those ailments, too.

INGREDIENTS

Hibiscus, Lemon Balm

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Kid's Tea

A Cup of Calmness

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No caffeine

Kid's Tea is an herbal blend that will help keep children calm. The gentle herbs in this blend produce a rich brew with sweet honey overtones that appeal to kids' taste buds. It can also help kids fall asleep, reduce fever, soothe a cough, and reduce symptoms from a cold. Make it extra special by adding lemon and honey.

INGREDIENTS

Lemon Balm, Borage, Rose Petals

Blueberry Leaf Tea

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No caffeine

A Cup of Healing

Blueberry Leaf Tea comes from a high mountainous region of Georgia and is full of amazing powerful antioxidant and anti-inflammatory properties. It can help soothe a sore throat, reduce mouth ulcers, and facilitate healing.

INGREDIENTS

Blueberry Leaf



Melissa Tea

A Cup of Merriment

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No caffeine

Lemon Balm provides a calming, soothing effect, so it's best to drink this when you want to relax and unwind. It will make your heart merry and soothe many aches and pains, too.

INGREDIENTS

Lemon Balm



Aromatic Tea

A Cup of Freshness

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Caffeinated

Aromatic Tea will give your metabolism a little boost and keep your mind clear and fresh for the day.

INGREDIENTS

Green Tea, Bitter Orange Blossom, Ziziphora



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Happy Tea

A Cup of Smiles

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Caffeinated

Happy Tea will give you an uplifted feeling and energize you to tackle any challenge. It's high in antioxidants, which can help improve your mood and bring you out of depression.

INGREDIENTS

Green Tea, Sargol Saffron

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Love Tea

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Caffeinated

A Cup of Loves

This unique blend has a pleasantly intense fragrance and taste which will leave you with increased energy and passion and it will also increase your libido.

INGREDIENTS

White Tea, Sargol Saffron

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Rose Green Tea

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Caffeinated

A Cup of Wakefulness

Rose Green Tea provides an energy hit and anti-inflammatory benefits. Rose petals contain antioxidants, bioflavonoids, vitamins, and alkaloids—all great in reducing inflammation and easing digestion.

INGREDIENTS

Green Tea, Rose Petals

Passion Tea



A Cup of Lightness

Passion tea has many good benefits; it's energizing, anti-inflammatory, calming, and soothing for many ailments. Drink this tea anytime and in any season.

INGREDIENTS

Black Tea, Rose Petals, Bitter Orange Blossom, Borage



White Tea

A Cup of Healthy

This tea from Georgia has a soft, mild taste and delicate flavor. It is made from the first leaves of the harvest, when the tea plant is at its prime growth stage. White tea is naturally low in caffeine.

INGREDIENTS

White tea



Black Tea

A Cup of Delight

Georgian Black Tea will give you a pick-me-up hit of energy and increase your alertness. It has long, wiry leaves and a dark black-brown color with a slight malty scent. It's taste is pleasant and fresh.

INGREDIENTS

Black tea

Green Tea

A Cup of Inspiration

Georgian Green Tea will inspire you with its fresh, clean taste and delicate flavor. It is an excellent source of antioxidants, can increase fat burning, and boost metabolic rate. With a small hit of caffeine, it helps to enhance alertness and attention.

INGREDIENTS

Green tea



BREWING METHOD



- Rinse tea with cold filtered water
- Heat Fresh filtered water to 85°C for Herbal infusion and 90°C
- Pour water over tea, cover, and steep for 3-5 minutes
- For tea blends with saffron, We recommend put it on indirect heat, such as boiling kettle, tea maker or heater for 5-10 minutes, so that it will brew gradually; It helps to release the color and aroma of saffron
- For iced tea, steep for the maximum time and pour over ice
- Drink and enjoy your tea!

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Enjoy Anousha Tea at any Time, in anyplace, and with anyone



I love making tea and herbal infusions that are as unique as we each are and then sharing them with you. I hope every cup of Anousha Tea that you drink brings you joy, peace, and health.

With love,
Anousha

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